

# SCP SWIM SCHEDULE

## June 2 - 8 — National Swimming Trials



	MON 2	TUES 3	WED 4	THURS 5	FRI 6	SAT 7	SUN 8
<b>Special Notes</b>	Quiet Swim 1pm-2pm	<b>Bell National Swimming Trials</b> Pool area affected and Adult Only Access June 3 at 12pm - June 12					
<b>Adult (16+) Only Hot Zones Access</b>	5:30am-10pm	5:30am-9pm <b>*12pm-9pm</b> <b>*Adult Only begins</b>	5:30am-10pm	5:30am-10pm	5:30am-10pm	6am-9pm	7am-9pm
<b>Leisure Swims</b>	5:30am-9am 12pm-1pm 2pm-3pm 9pm-10pm	5:30am-12pm					
<b>Adult Only Lengths Swimming/Water Walking</b>		7:15pm-9pm	5:30am-7:30am 12:30pm-3:45pm 8:15pm-10pm	5:30am-7:30am 12:30pm-3:45pm 8:15pm-10pm	5:30am-7:30am 8:15pm-10pm	Hot Zones only No public access to pools	Hot Zones only No public access to pools
<b>Open Swim</b>	7:15pm-9pm						
<b>Lessons &amp; Lengths</b>	9am-12pm 3pm-7:15pm						
<b>Quiet Swim</b>	1pm-2pm						

*All times subject to change at short notice. Please call 250-475-7600 if you have any questions or go to [saanich.ca/swim](http://saanich.ca/swim)*

## Swim Descriptions

<b>Leisure Swims</b>	Everyone is welcome to enjoy the pools for fitness and leisure. Children, 7 years and younger must be accompanied by an adult (16+) and may enjoy the wave pool, tots pool and teach pool when available. Please note that this session shares the pools with many types of programs. Waves available upon request. The waterslide is unavailable at this time.
<b>Adult Only Lengths Swimming/Water Walking</b>	During the National Swimming Trials Meet, only adults (16+) will be allowed in the pool area and only during designated breaks in the competition.
<b>Open Swims</b>	Dive into the excitement at our open public swim session! Experience the thrill of the wave pool as you ride the waves or challenge yourself with daring dives from our diving boards. Join us for a splashing good time filled with fun and adventure for everyone.
<b>Lessons &amp; Lengths</b>	Public Drop in access to Wave Pool (shared with lessons), Sauna, Steam Room, Tots Pool and Hot Tub. Teach Pool is only Lessons and Lengths during this time. For Length Swimming and Water Walking available please see Length Swimming Schedule. <i>There is a maximum capacity of leisure participants during this time.</i>
<b>Quiet Swim</b>	Enjoy some quiet time at the pool. There will be no music playing and lots of length swimming space available.
<b>Hot Zones</b>	We have a Hot Tub, Sauna, and Steam Room for your enjoyment! Typically, all are open during regular pool hours. <b>During the National Swimming Trials Meet, only adults (16+) will be allowed in the Hot Zones.</b>

**All Children 7 years of age and younger must be within arms reach of an adult 16+ at all times while they're in the water.**